

# North County Senior Menu ☐☐ May 2009

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																		
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<p><i>4</i></p> <p>Egg Salad Sandwich, Romaine Salad, Jello Salad with pineapple</p>	<p><i>5</i></p> <p>Hot Dog, Baked Beans, Spinach &amp; Orange Salad, Mixed Fruit</p>	<p><i>6</i></p> <p>BBQ Chicken, Potato Salad, Wheat Roll, Romaine Salad, Fruit Cocktail</p>	<p><i>7</i></p> <p>Fish and chips, Broccoli Slaw, fresh Fruit</p>	<p><i>8</i></p> <p>Clam Chowder, Wheat Roll, Spinach Salad, Fresh Fruit</p>																																																																																																		
<p><i>11</i></p> <p>Vegetable/Beef Soup, Wheat Roll, Green Salad, Cottage Cheese with Pineapple</p>	<p><i>12</i></p> <p>Ceasar Salad (Chicken, Lettuce, croutons, parmesan cheese), Wheat Roll, Strawberries with White Cake</p>	<p><i>13</i></p> <p>BBQ Pulled Pork, wheat roll, Carrot Slaw, Chocolate Pudding with Banana</p>	<p><i>14</i></p> <p>Chicken Enchilada Cassarole, Spring Mix Salad, mangos</p>	<p><i>15</i></p> <p>Patty Melt on Rye, spinach Salad, Fresh Berries</p>																																																																																																		
<p><i>18</i></p> <p>Chicken &amp; Artichoke Pizza, Green Salad, Steamed Broccoli, Fresh Fruit</p>	<p><i>19</i></p> <p>Taco Salad (meat, beans, lettuce, tomatoes and cheese on a bed of tortilla chips), Watermelon</p>	<p><i>20</i></p> <p>Teriyaki Chicken Kabobs, wild rice, grilled artichokes, Chocolate Pudding</p>	<p><i>21</i></p> <p>Lentil Soup, Wheat Roll, Spinach and Orange Salad, Fresh Fruit</p>	<p><i>22</i></p> <p>French dip, Broccoli Salad, Fresh Banana</p>																																																																																																		
<p><i>25</i></p> <p>Fried Chicken, Scalloped Potatoes, Wheat Roll, Fresh Orange</p>	<p><i>26</i></p> <p>Chili, Cornbread, Carrot Salad, Jello Salad with Fruit Cocktail</p>	<p><i>27</i></p> <p>Breakfast Day!!! Chorizo, Egg and Potato Burrito, Fresh Cantalope</p>	<p><i>28</i></p> <p>Chicken Pesto Pasta, Garlic Bread, Green Salad, Brussel prouts, Fresh Fruit</p>	<p><i>29</i></p> <p>Tostadas (meat, beans, lettuce and cheese on a corn tortilla), White Cake with Berries</p>																																																																																																		

*\*Menu items are subject to change based upon availability and current produce season.*